

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

Girls High Jump Midget

Name	Year School	Finals
Finals		
1 Gendron, Alexis	Thousand Islands SS	1.50m
2 Muir, Leah-Anne	Granite Ridge Ed	1.43m
3 MacPherson, Riley	Sydenham HS	1.30m
4 Poulos, Anez	Ernestown SS	J1.30m
5 Dunham, Megan	Granite Ridge Ed	J1.30m
5 Drover, Katie	Kingston Cvi	J1.30m
7 Mayrand-Nicol, Ariane	Esc Marie-Rivier	1.20m
7 Gaensler, Leah-Joy	Smiths Falls	1.20m
8 Ferguson, Jessie-Mae	Granite Ridge Ed	J1.20m
-- Mandin, Jayna	Bayridge	FAIL

Girls Pole Vault Midget

Name	Year School	Finals
1 Ford, Maggie	Carleton Place H.S.	1.90m

Girls Long Jump Midget

Name	Year School	Finals
1 Southward, Scout	La Salle Secondary	4.51m
2 Dixon, Grace	Regiopolis-N	4.19m
3 Arsenault, Alle	Holy Cross SS	4.16m
4 Broad, Cameryn	Seaway Dhs	4.05m
5 O'Connor, Meredith	Thousand Islands SS	3.92m
6 Minifie, Olivia	Sydenham HS	3.83m
7 McMullan, Ann Marie	Loyalist Collegiate	3.79m
8 Dunham, Megan	Granite Ridge Ed	3.77m
9 Cain, Madison	Carleton Place H.S.	3.69m
10 Bi, Christina	Brockville C	3.67m
10 McQuay, April	Ernestown SS	3.67m
12 McMunn, Maddy	Thousand Islands SS	3.66m
13 Cannon, Kensley	North Hastings H.S.	3.65m
13 Filiatrault, M�egan	Esc Marie-Rivier	3.65m
15 Wilson, Hailey	North Hastings H.S.	3.64m
16 Cavanagh, Kassidy	Thousand Islands SS	3.63m
17 Stickley, Taylor	Frontenac Se	3.56m
18 Kelly, Maddie	Thousand Islands SS	3.50m
19 Carmichael, Makenna	St. Michael C.H.S.	3.39m
20 Bandy, Jillian	Sydenham HS	3.37m
21 Bickerton, Erin	Brockville C	3.34m
22 Poulos, Anez	Ernestown SS	3.32m
23 Keating, Laura	Carleton Place H.S.	3.27m
24 Peterkins, Megan	Carleton Place H.S.	3.21m
25 Pratt, Gracie	Gananoque Se	3.12m
26 Craig, Lindsey	Smiths Falls	3.01m
27 Bertrand, Kayla	Esc Marie-Rivier	2.69m
28 Onion, Lora	Smiths Falls	2.66m
29 Boissonneault, Amy	Kingston Cvi	2.55m
30 Murray, Elizabeth	Esc Marie-Rivier	2.18m

Limestone Legacy Meet 2016 - 4/22/2016**Invista Track, Kingston, Ontario****Caraco****Results - Field Events****Girls Triple Jump Midget**

Name	Year School	Finals
1 Connors, Clara	Regiopolis-N	9.33m
2 Arsenault, Alle	Holy Cross SS	9.11m
3 Dixon, Grace	Regiopolis-N	8.89m
4 Broad, Cameryn	Seaway Dhs	8.74m
5 Hirschfield, Kristen	Kingston Cvi	8.61m
6 Young, Emily	North Hastings H.S.	8.57m
7 Bi, Christina	Brockville C	8.54m
8 VanHoof, Kristyn	Seaway Dhs	8.34m
9 Wilson, Hailey	North Hastings H.S.	7.99m
10 Dunham, Megan	Granite Ridge Ed	7.85m
11 McMullan, Ann Marie	Loyalist Collegiate	7.65m
12 Bandy, Jillian	Sydenham HS	7.56m
12 Wirsig, Heidi	Kingston Cvi	7.56m
14 Carmichael, Makenna	St. Michael C.H.S.	7.33m
15 Howes, Tangie	Granite Ridge Ed	7.22m
16 Minifie, Olivia	Sydenham HS	7.02m
-- Gaensler, Leah-Joy	Smiths Falls	FOUL
-- Peterkins, Megan	Carleton Place H.S.	FOUL

Girls Shot Put Midget

Name	Year School	Finals
1 McCarthy, Fiona	Thousand Islands SS	9.69m
2 Scott, Destiny	Regiopolis-N	9.66m
3 Horton, Katrina	St. John Chs	8.83m
4 Hummel, Trystyn	Seaway Dhs	8.54m
5 Keating, Laura	Carleton Place H.S.	8.52m
6 Birrell, Maddie	Carleton Place H.S.	8.22m
7 Farmer, Jocelyn	Sydenham HS	8.11m
8 Kelly, Emily	Frontenac Se	7.97m
9 Kerans, Lauren	Thousand Islands SS	7.56m
10 Olotu, Kiera	St. Michael C.H.S.	7.41m
11 Pacheco, Cessalie	La Salle Secondary	7.23m
12 Lovell, Gwyneth	Rideau District	7.20m
13 MacPherson, Riley	Sydenham HS	6.98m
14 Phillips, Marissa	North Hastings H.S.	6.88m
15 Finucan, Grace	Sydenham HS	6.66m
16 Terrell, Echo	Loyalist Collegiate	6.14m
17 Cleroux, Regan	St. Michael C.H.S.	6.08m
18 Snider, Jillian	Rideau District	5.75m
19 Mayrand-Nicol, Ariane	Esc Marie-Rivier	5.37m
20 Duval, Kiara	Esc Marie-Rivier	5.14m

Girls High Jump Junior

Name	Year School	Finals
1 Hough, Olivia	Thousand Islands SS	1.45m
1 Watungwa, Yolanda	Kingston Cvi	1.45m
3 Cameron, Emily	Frontenac Se	J1.45m
4 Stevens, Jessica	Carleton Place H.S.	1.40m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Girls High Jump Junior

5 Thurston, Emily Smiths Falls 1.30m

Girls Pole Vault Junior

Name	Year	School	Finals
1 Adam, Danielle		Kingston Cvi	2.40m
2 Dulmage, Sarah		Saint Lawrence	2.10m
3 Watungwa, Yolanda		Kingston Cvi	J2.10m
4 Gamble, Taylor		Thousand Islands SS	1.90m

Girls Long Jump Junior

Name	Year	School	Finals
1 Stevens, Jessica		Carleton Place H.S.	4.66m
2 Fowler, Megan		Brockville C	4.36m
3 Funk, Katie		North Hastings H.S.	4.33m
4 Hale, Aimee		Holy Cross SS	4.32m
5 Molloy, Kerissa		Carleton Place H.S.	4.26m
6 Batson, Evelyn		Sydenham HS	4.05m
7 Wilkins, Jessica		North Hastings H.S.	4.04m
8 Dondero, Brianna		Regiopolis-N	4.03m
9 Henry, Maggie		Thousand Islands SS	3.96m
10 Thurston, Emily		Smiths Falls	3.91m
11 Crocker, Madi		North Hastings H.S.	3.87m
12 Kelman, Layne		Ernestown SS	3.80m
13 Cameron, Emily		Frontenac Se	3.66m
14 Trefzger, Alexandra		Kingston Cvi	3.28m
15 Boudreau, Rebekah		Regiopolis-N	3.17m
16 Woodward, Ariyah		Kingston Cvi	3.14m
16 Murphy, Rachel		Carleton Place H.S.	3.14m
18 Marcil, Tori		Carleton Place H.S.	3.09m
19 Benoit, Madison		Esc Marie-Rivier	2.94m
20 Treffers, Meghan		St. John Chs	2.87m

Girls Triple Jump Junior

Name	Year	School	Finals
1 Boucher, Morgan		Regiopolis-N	9.49m
2 Hale, Aimee		Holy Cross SS	8.90m
3 Henry, Maggie		Thousand Islands SS	8.70m
4 Cameron, Emily		Frontenac Se	8.65m
5 Funk, Katie		North Hastings H.S.	8.46m
6 Wilkins, Jessica		North Hastings H.S.	8.36m
7 Wagar, Merren		Gananoque Se	7.82m
-- Jones, Billie Anne		Smiths Falls	FOUL
-- Hanes, Trinity		Seaway Dhs	FOUL

Limestone Legacy Meet 2016 - 4/22/2016**Invista Track, Kingston, Ontario****Caraco****Results - Field Events****Girls Shot Put Junior**

Name	Year School	Finals
1 Heimstra, Chelsea	La Salle Secondary	10.58m
2 Sebrango, Gabby	Gananoque Se	10.52m
3 Ogawa, Yuki	Thousand Islands SS	10.15m
4 Horton, Katrina	St. John Chs	9.58m
5 Kempe, Samantha	Sydenham HS	9.41m
6 Paddick, Michaela	Granite Ridge Ed	9.32m
7 Mercier-Loyer, Laury-Jad	Esc Marie-Rivier	8.97m
8 Salvarakis, Maria	Carleton Place H.S.	8.31m
9 Cox, Courtney	North Hastings H.S.	7.89m
10 Switzer, Sarah	North Hastings H.S.	7.48m
11 Planetta, Ameleah	Sydenham HS	6.35m
12 Marcil, Tori	Carleton Place H.S.	6.32m
-- Baker, Mary	Regiopolis-N	FOUL

Girls High Jump Senior

Name	Year School	Finals
1 Black, Amanda	Kingston Cvi	1.45m
2 VanLeeuwen, Shawna	Sydenham HS	1.40m
3 Vanslyke, Mackenzie	Gananoque Se	1.35m
3 Doucet, Erica	Gananoque Se	1.35m
5 Trafford, Sarah	Smiths Falls	1.30m
5 Reimann, Michelle	Brockville C	1.30m
-- Murphy, Ellie	Smiths Falls	NH

Girls Pole Vault Senior

Name	Year School	Finals
1 Cayer, Chelsea	Char-Lan	2.40m
2 Petry, Mackayla	Char-Lan	J2.40m
3 Van Hofwegen, Hannah	Carleton Place H.S.	2.25m
3 McPherson, Maddy	Kingston Cvi	2.25m
4 Byers-Richards, Kay	Loyalist Collegiate	J2.25m
6 Koen, Serena	Sydenham HS	1.90m
6 Hoxford, Thalia	Regiopolis-N	1.90m

Girls Long Jump Senior

Name	Year School	Finals
1 Black, Amanda	Kingston Cvi	4.95m
2 Harper, Katherine	Thousand Islands SS	4.63m
3 Nairn, Clevelyn	Rideau District	4.62m
4 Blair, Kara	Rideau District	4.55m
5 Langelier, Ashley	Cornwall Collegi	4.54m
6 Stewart, Kaitlyn	Seaway Dhs	4.52m
7 Trafford, Sarah	Smiths Falls	4.30m
8 Lowry, Cassy	Granite Ridge Ed	4.15m
9 Goldberg, Rachel	St. Michael C.H.S.	4.13m
10 Gates, Morgan	Thousand Islands SS	4.08m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Girls Long Jump Senior

11	Patrick, Mary	Cornwall Collegi	4.02m
12	Wynne, Katrina	Smiths Falls	3.96m
13	Bellostas, Alba	Thousand Islands SS	3.68m
14	Karns, Cassidy	North Hastings H.S.	3.64m
15	Vanslyke, Mackenzie	Gananoque Se	3.63m
16	Doucet, Erica	Gananoque Se	3.62m
17	Whitteker, Ashley	Seaway Dhs	3.52m
18	Kussman, Melissa	North Hastings H.S.	3.45m
19	Curtis, Jane	Carleton Place H.S.	3.41m
20	Heldey, Ella	North Hastings H.S.	3.30m
21	Murphy, Ellie	Smiths Falls	2.83m

Girls Triple Jump Senior

Name	Year	School	Finals
1	Harper, Katherine	Thousand Islands SS	10.30m
2	Stewart, Kaitlyn	Seaway Dhs	10.01m
3	Millard, Claire	Loyalist Collegiate	9.91m
4	Blakely, Alyssa	Thousand Islands SS	9.35m
5	VanNest, Amy	Regiopolis-N	8.71m
6	Lowry, Cassy	Granite Ridge Ed	8.65m
7	Gates, Morgan	Thousand Islands SS	8.36m
8	Wynne, Katrina	Smiths Falls	8.27m
9	Curtis, Jane	Carleton Place H.S.	8.25m

Girls Shot Put Senior

Name	Year	School	Finals
1	Wolfgram, Hailey	Regiopolis-N	11.72m
2	Wells, Maggie	Seaway Dhs	9.27m
3	Hamilton, Morgan	Sydenham HS	8.39m
4	Fawcett, Emily	Holy Cross SS	8.33m
5	Emmons, Mariah	Bayridge	8.11m
6	Barr, Rebecca	Rideau District	7.48m
7	Welch, Taylor	Granite Ridge Ed	7.41m
8	Trueman, Heidi	Sydenham HS	6.77m
9	Murphy, Ellie	Smiths Falls	6.05m
10	Lloyd, Sian	Sydenham HS	5.98m
11	Silver, Amanda	Sydenham HS	5.46m
12	Woolsey, Jen	Carleton Place H.S.	4.94m
--	O'Coin, Mady	Regiopolis-N	FOUL
--	Ojeda, Karla	Cornwall Collegi	FOUL
--	Vanslyke, Mackenzie	Gananoque Se	FOUL

Boys High Jump Midget

Name	Year	School	Finals
1	Brady, Jon	Smiths Falls	1.66m
1	Collier, Jaden	Sydenham HS	1.66m
3	Macey, Brennan	Gananoque Se	1.45m
4	Emmons, Jackson	Granite Ridge Ed	J1.45m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Boys High Jump Midget

5 VanLeeuwen, Jason Sydenham HS 1.40m

Boys Long Jump Midget

Name	Year	School	Finals
1 Lawford-Wickham, Declan		Kingston Cvi	5.38m
1 Peters, Damon		Frontenac Se	5.38m
3 An, Joey		Holy Cross SS	5.10m
3 Pryer, Derek		Thousand Islands SS	5.10m
5 Hoffman, Tyler		Frontenac Se	4.98m
6 Doe, MooEh		Loyalist Collegiate	4.96m
7 Brady, Jon		Smiths Falls	4.93m
8 Heath, Stanley		Thousand Islands SS	4.91m
9 Snedden, Ashton		Carleton Place H.S.	4.76m
10 Preston, Haydn		Cornwall Collegi	4.70m
11 Camelon, Zach		Carleton Place H.S.	4.66m
12 Evans, Austin		St. John Chs	4.50m
13 Koblovsky, Simon		Frontenac Se	4.45m
14 Harris, Trent		Carleton Place H.S.	4.44m
15 Ketcheson, Haze		Smiths Falls	4.26m
16 Grant, Tyrell		Gananoque Se	4.20m
16 Coleman, Thomas		Holy Cross SS	4.20m
18 Doucet, Evan		Gananoque Se	4.16m
19 Poste, Chris		North Hastings H.S.	4.04m
20 Lowe, Liam		Ernestown SS	3.86m
21 Loft, David		Gananoque Se	3.74m
22 McCormack, Alex		Rideau District	3.63m
23 Denford, Simon		Esc Marie-Rivier	3.44m
24 Evans, Sean		La Salle Secondary	3.06m
-- Byers, Kendrew		Seaway Dhs	FOUL
-- VanBeek, Aidan		Thousand Islands SS	FOUL

Boys Triple Jump Midget

Name	Year	School	Finals
1 Peters, Damon		Frontenac Se	11.54m
2 Doe, MooEh		Loyalist Collegiate	11.20m
3 Ferguson, Scott		Rideau District	11.06m
4 Brady, Jon		Smiths Falls	10.96m
5 Durant, Conor		Thousand Islands SS	10.59m
6 Hoffman, Tyler		Frontenac Se	10.51m
7 Heath, Stanley		Thousand Islands SS	9.54m
8 Doucet, Evan		Gananoque Se	9.38m
9 Levere, Mark		St. Michael C.H.S.	9.17m
10 Poste, Chris		North Hastings H.S.	8.76m
-- Ketcheson, Haze		Smiths Falls	FOUL

Boys Shot Put Midget

Name	Year	School	Finals
1 Woodhall, Lucas		Thousand Islands SS	14.54m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Boys Shot Put Midget

2	Deir, Zach	Queen Elizabeth Cvi	12.43m
3	Lawford-Wickham, Declan	Kingston Cvi	12.06m
4	Macey, Brennan	Gananoque Se	10.74m
5	Caird, Matt	Sydenham HS	10.29m
6	Ryan, Micheal	Carleton Place H.S.	9.83m
7	Beaton, Parker	Queen Elizabeth Cvi	9.75m
8	Murphy, Rem	North Hastings H.S.	9.56m
9	Staal, Dyllan	Carleton Place H.S.	9.52m
10	Jones, Adam	Esc Marie-Rivier	9.44m
11	Matson, Cash	Granite Ridge Ed	9.35m
12	Mulder, Lucas	Ernestown SS	8.79m
13	Troyer, Jordan	Sydenham HS	8.58m
14	Leach, Callum	Loyalist Collegiate	8.19m
15	Charbonneau, Sam	Cornwall Collegi	8.16m
16	Leeman, Nicholas	Esc Marie-Rivier	7.55m
17	Pederson, Noah	Sydenham HS	7.29m
18	Lowe, Liam	Ernestown SS	7.03m
19	Sherwood, Matt	La Salle Secondary	5.83m

Boys High Jump Junior

Name	Year School	Finals	
1	Bowman, Colin	Sydenham HS	1.66m
2	Veselka, Aidas	Rideau District	1.63m
3	Dowson, Shawn	Seaway Dhs	J1.63m
4	Patterson, Karston	Sydenham HS	1.55m
4	Callendar, Ben	Sydenham HS	1.55m
6	Caird, Matt	Sydenham HS	J1.55m
7	Haskins, Isaac	Smiths Falls	1.45m
8	Coxon, Will	Smiths Falls	1.40m
8	Smith, Simon	Esc Marie-Rivier	1.40m
--	Grawberger, Josh	Ernestown SS	NH

Boys Pole Vault Junior

Name	Year School	Finals	
1	Dirven, Ben	Char-Lan	3.35m
2	Streng, Josh	Carleton Place H.S.	3.00m
2	Ford, Cashmen	Carleton Place H.S.	3.00m
4	Sands, Liam	Sydenham HS	2.80m
5	Van Hofwegen, Adam	Carleton Place H.S.	2.00m

Boys Long Jump Junior

Name	Year School	Finals	
1	Taylor, Max	Holy Cross SS	5.75m
2	Grawberger, Josh	Ernestown SS	5.72m
3	Desarmia, Evan	Frontenac Se	5.64m
4	Dotel, Erick	Esc Marie-Rivier	5.46m
5	Lollar, Zach	Sydenham HS	5.35m
6	Claus, Wyatt	Sydenham HS	5.14m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Boys Long Jump Junior

7 Veselka, Aidas	Rideau District	5.04m
8 Haskins, Isaac	Smiths Falls	4.82m
9 Ford, Cashmen	Carleton Place H.S.	4.80m
10 Watson, Nate	Smiths Falls	4.64m
11 Hoeksema, Colter	North Hastings H.S.	4.58m
12 VanSlyke, Logan	North Hastings H.S.	4.57m
13 Jackson, Cameron	Granite Ridge Ed	4.50m
14 Smith, Simon	Esc Marie-Rivier	4.42m
15 Carriere, Oliver	Carleton Place H.S.	4.41m
16 Martin, Isaiah	North Hastings H.S.	4.10m
17 McEwen, Cameron	Smiths Falls	3.98m
18 Duguay, Nicholas	Esc Marie-Rivier	3.95m
19 Labelle, Francis	Esc Marie-Rivier	3.60m
20 Kinlin, Max	Brockville C	3.22m
21 Lee, Garrick	North Hastings H.S.	2.87m
22 Chapelle, Ian	Esc Marie-Rivier	2.69m

Boys Triple Jump Junior

Name	Year School	Finals
1 Lollar, Zach	Sydenham HS	11.80m
2 Froats-Crowder, Zach	Frontenac Se	11.67m
3 Grawberger, Josh	Ernestown SS	11.60m
4 Gardiner, Liam	Carleton Place H.S.	10.83m
5 Riley, Spencer	Frontenac Se	10.60m
6 Claus, Wyatt	Sydenham HS	10.53m
7 Haskins, Isaac	Smiths Falls	10.16m
8 Carriere, Oliver	Carleton Place H.S.	9.96m
9 Jackson, Cameron	Granite Ridge Ed	9.30m
-- Kinlin, Max	Brockville C	FOUL

Boys Shot Put Junior

Name	Year School	Finals
1 Komeha, Omar	Frontenac Se	13.21m
2 McEwen, Cameron	Smiths Falls	12.97m
3 Dowson, Shawn	Seaway Dhs	11.95m
4 Crain, Matt	St. John Chs	11.19m
5 Layne, Jaydn	Granite Ridge Ed	10.69m
6 Kinlin, Max	Brockville C	10.46m
7 Green, Andrew	Granite Ridge Ed	9.70m
8 Call, Josh	St. John Chs	9.22m
9 L'Abbe, Sebastien	Loyalist Collegiate	7.54m
10 Chapelle, Ian	Esc Marie-Rivier	7.29m
11 Lee, Garrick	North Hastings H.S.	5.58m

Boys High Jump Senior

Name	Year School	Finals
1 Hawkins, Brett	Rideau District	1.85m
2 Connors, Robert	Regiopoliis-N	1.80m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Boys High Jump Senior

3	Lusk, Eric	Sydenham HS	1.70m
4	Campbell, Shawn	Bayridge	1.65m
5	Scott, Devon	Granite Ridge Ed	1.60m
6	Babic, Jeff	Holy Cross SS	1.55m
7	Rose, Keaton	Frontenac Se	1.50m
--	McNally, Connor	Holy Cross SS	NH
--	Heney, Darien	St. John Chs	NH
--	Lloyd, Erik	Frontenac Se	NH

Boys Pole Vault Senior

Name	Year	School	Finals
1	Seguin, Brennan	Char-Lan	3.80m
2	Hewitt, Devin	Thousand Islands SS	3.65m
3	Vandervart, Clarke	Carleton Place H.S.	3.50m
4	Cowan, Sam	Thousand Islands SS	3.35m
4	Desjardins, Brayden	Thousand Islands SS	3.35m
6	Wilson, Calvin	Carleton Place H.S.	3.20m
6	McNeely, Bennett	Carleton Place H.S.	3.20m
8	Dumbrille, Thomas	Thousand Islands SS	3.00m
9	Posthumus, Derek	Kingston Cvi	2.80m
9	McIver, Cameron	Kingston Cvi	2.80m

Boys Long Jump Senior

Name	Year	School	Finals
1	Snider, Maverick	Bayridge	6.39m
2	Raymond, Braydon	Holy Cross SS	6.07m
3	Hawkins, Brett	Rideau District	5.90m
4	McKay, Daret	Sydenham HS	5.76m
5	Speary, Cole	Carleton Place H.S.	5.68m
6	Nedow, Thomas	Thousand Islands SS	5.61m
7	Pickernell, Jack	Sydenham HS	5.41m
8	Michel, Dallas	Thousand Islands SS	5.32m
9	Herbison, Kyle	Thousand Islands SS	5.23m
10	Wilkinson, Sebastian	Smiths Falls	5.18m
11	Sheppard, Reilley	North Hastings H.S.	5.14m
12	Teal, Riley	Granite Ridge Ed	4.99m
13	Lusk, Eric	Sydenham HS	4.89m
14	Safioles, Zach	Smiths Falls	4.60m
15	Lisqum, Cole	Rideau District	4.57m
15	Earle, Sam	Sydenham HS	4.57m
--	Cheng, Dillon	Gananoque Se	FOUL

Boys Triple Jump Senior

Name	Year	School	Finals
1	Snider, Maverick	Bayridge	13.38m
2	Hudson, Connor	Gananoque Se	12.73m
3	Montgomery, Tim	Kingston Cvi	12.00m
4	Hartley, Brendan	Gananoque Se	11.50m

Limestone Legacy Meet 2016 - 4/22/2016

Invista Track, Kingston, Ontario

Caraco

Results - Field Events

....Boys Triple Jump Senior

5	Herbison, Kyle	Thousand Islands SS	11.18m
6	Teal, Riley	Granite Ridge Ed	10.82m
7	Michel, Dallas	Thousand Islands SS	10.65m
8	Scott, Devon	Granite Ridge Ed	10.35m
9	Rowley, Cam	North Hastings H.S.	10.00m
10	Lisqum, Cole	Rideau District	9.99m
11	Steeves, Ron	Rideau District	9.45m
12	Brown, Whistler	Frontenac Se	9.42m

Boys Shot Put Senior

Name	Year	School	Finals
1	White, Nathan	Thousand Islands SS	14.37m
2	Nedow, Thomas	Thousand Islands SS	13.97m
3	Pelehos, Zack	Gananoque Se	13.66m
4	Beaton, Foster	Thousand Islands SS	13.42m
5	Crawford, Robert	Granite Ridge Ed	12.70m
6	Marquette, Drew	La Salle Secondary	12.14m
7	Mcfarlane, Ryan	Carleton Place H.S.	11.90m
8	Hyndman, Jeff	Carleton Place H.S.	10.45m
9	Harris, Blake	Carleton Place H.S.	10.21m
10	Clarke, Nic	Carleton Place H.S.	9.99m
11	Norris, Hartley	Frontenac Se	9.94m
12	Phillips, Jacob	Loyalist Collegiate	9.89m
13	Brown, Josh	North Hastings H.S.	9.59m
14	Safioles, Zach	Smiths Falls	9.26m
15	Yantha, Aaron	North Hastings H.S.	9.05m
16	Earle, Sam	Sydenham HS	9.01m
17	Hall-Rama, Brandon	Cornwall Collegi	8.80m
18	Richards, Scott	Sydenham HS	8.79m
19	Quinn, Brenden	Ernestown SS	8.74m
20	Wood, Austin	Ernestown SS	8.24m
21	Harnish, Jonas	Cornwall Collegi	8.19m