

GIRLS PIRATES RELAYS MEET RECORDS (as of June 2016)

Events	Midget Girls		Junior Girls		Senior Girls	
Sprint Hurdles	80m. Hurdles (2'6") Alannah McBride Col. By S.S.	:12.40 2010	80m. Hurdles (2'6") Shannon Mueller Rideau D.H.S.	:12.33 2005	100m. Hurdles (2'6") Cydney Taylor Sydenham H.S.	:15.68 2005
1500m. Steeple	Alyssa Stowe Almonte H.S.	5:36.85 2015				
4 x 100m. Relay	Thousand Islands S.S.	:52.22 2012	Thousand Islands S.S.	:54.15 2013	Thousand Islands S.S.	:50.86 2006
400-200-200-800 Relay	Thousand Islands S.S.	4:28.24 2013	Sydenham H.S.	4:26.95 2013	Renfrew C.I.	4:27.94 2010
Open 4 x 400m Relay	Thousand Islands S.S.	4:14.62 2006				
High Jump	Lexi Kundlacz St. Mary C.H.S.	1.55m. 2016	Lilie Dixon Lasalle S.S.	1.55m. 2013	Portia Ball Lasalle S.S.	1.65m. 2009
	Maggie Sutcliffe Sydenham H.S.	1.50m. 2013	Devon Clark St. Mary C.H.S.	1.55m. 2008		
Pole Vault			Paige Capener Thousand Islands S.S.	2.10m. 2015	Lindsey Abercrombie Carleton Place H.S.	2.65m. 2013
Long Jump	Katherine Harper Thousand Islands S.S.	4.72m. 2013	Erika Kamenz South Grenville D.H.S.	4.88m. 2005	Amanda Brydges Renfrew C.I.	5.13m. 2008
Triple Jump	Dani Gorrell North Grenville D.H.S.	9.83m. 2008	Dani Gorrell North Grenville D.H.S.	10.34m. 2009	Amanda Brydges Renfrew C.I.	10.96m. 2008
Shot Put	Hailee Banks Rideau D.H.S.	10.61m. 2015	Braiden Nichols Perth D.C.I.	11.19m. 2015	Sultana Frizell Perth D.C.I.	14.73m. 2003
Discus	Brittany Nash Sydenham H.S.	40.84m. 2008	Jessica Milligan Sydenham H.S.	30.30m. 2012	Caitlin VanDodewaard Renfrew C.I.	41.18m. 2008
Javelin	Julie Sleeth Sydenham H.S.	25.74m. 2006	Rebecca Perry St. Mary C.H.S.	33.73m. 2008	Sultana Frizell Perth D.C.I.	38.60m. 2003

no longer contested

100m.	Emelyn Fauvel Sydenham H.S.	:13.44 2010	Tegan Kilpatrick Brockville C.I.	:13.59 2010	Ashley Wilson St. Theresa	:12.79 2010
Shot Put (4 kg.)	Julie Sleeth Sydenham H.S.	10.84m. 2006	Steph Stewart Frontenac S.S.	10.08m. 2006		

CO-ED PIRATES RELAYS MEET RECORDS (as of June 2014)

Events	Midget Co-Ed		Junior Co-Ed		Senior Co-Ed	
Coed-Ed 4 x 200m. Relay	Thousand Islands S.S.	1:46.69 2016	Thousand Islands S.S.	1:45.14 2006	Thousand Islands S.S.	1:42.25 2004
Co-Ed 4 x 800m. Relay	Thousand Islands S.S.	9:48.00 2012	Thousand Islands S.S.	9:54.08 2012	Thousand Islands S.S.	9:18.80 2011
Co-Ed Dist. Medley Open Relay	(1200-400-800-1600)		Thousand Islands S.S.	11:42.34 2012		

no longer contested

Coed-Ed 4 x 1600m Relay					Thousand Islands S.S.	20:59.47 2006
-------------------------	--	--	--	--	-----------------------	------------------